

Implicit regularisation,  
Benign interpolation, and  
Over-parametrisation



## Main references :

- M. Belkin, D. Hsu, S. Ma, S. Nandakumar. "Reconciling modern machine learning and the bias-variance trade-off". (2018)
- P. Bartlett, P. Long, G. Lugosi, A. Tsigler. "Benign overfitting in Linear Regression". (2019)
- T. Hastie, A. Montanari, S. Rosset, R. Tibshirani. "Surprises in high-dimensional ridgeless least-square interpolation". (2019)
- L. Chizat, F. Bach. "Implicit bias of gradient descent for wide 2-layer neural networks trained with the logistic loss" (2020)

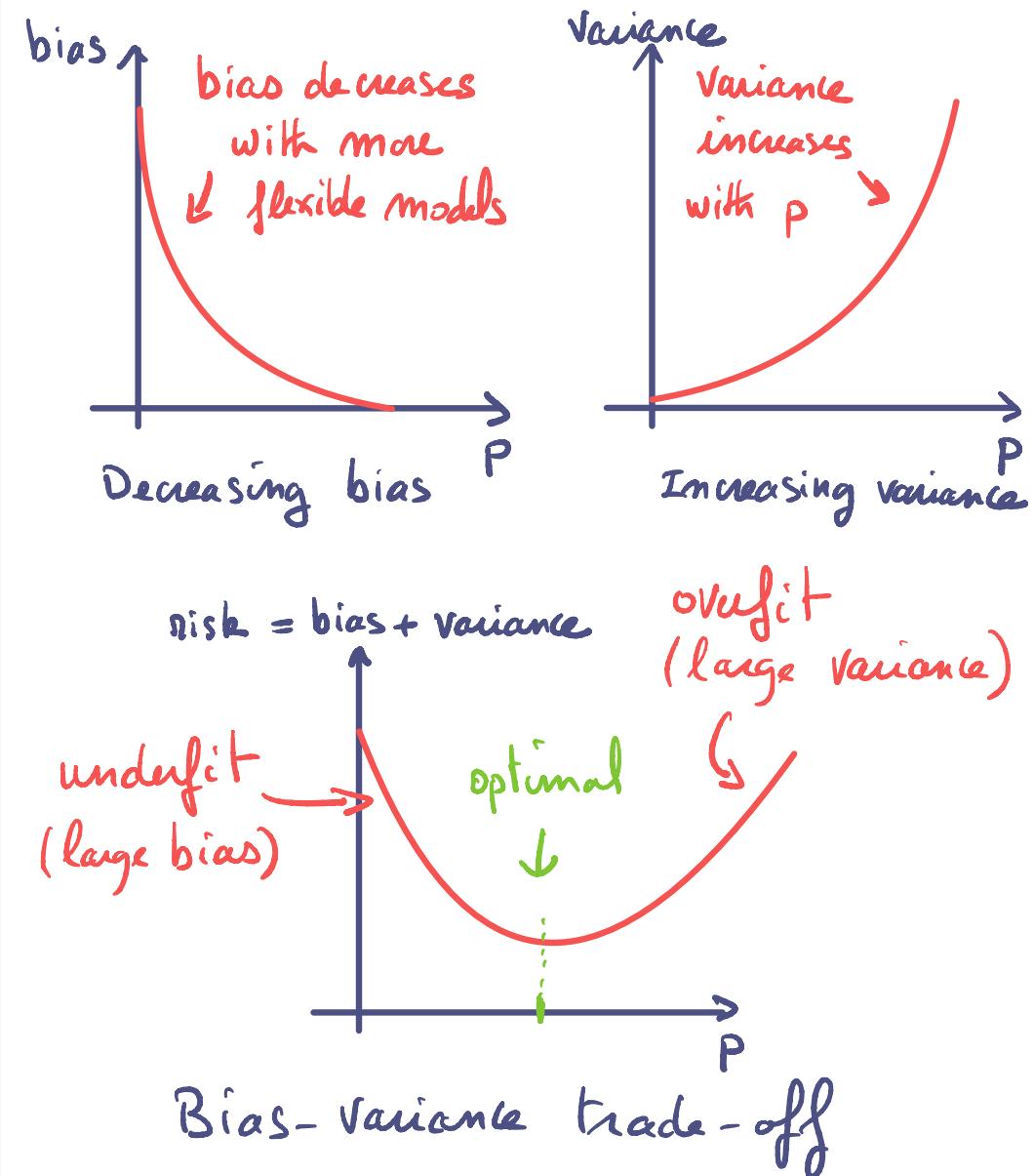
## Lecture notes :

Lecture notes are available on the web page provided in the description of the video.

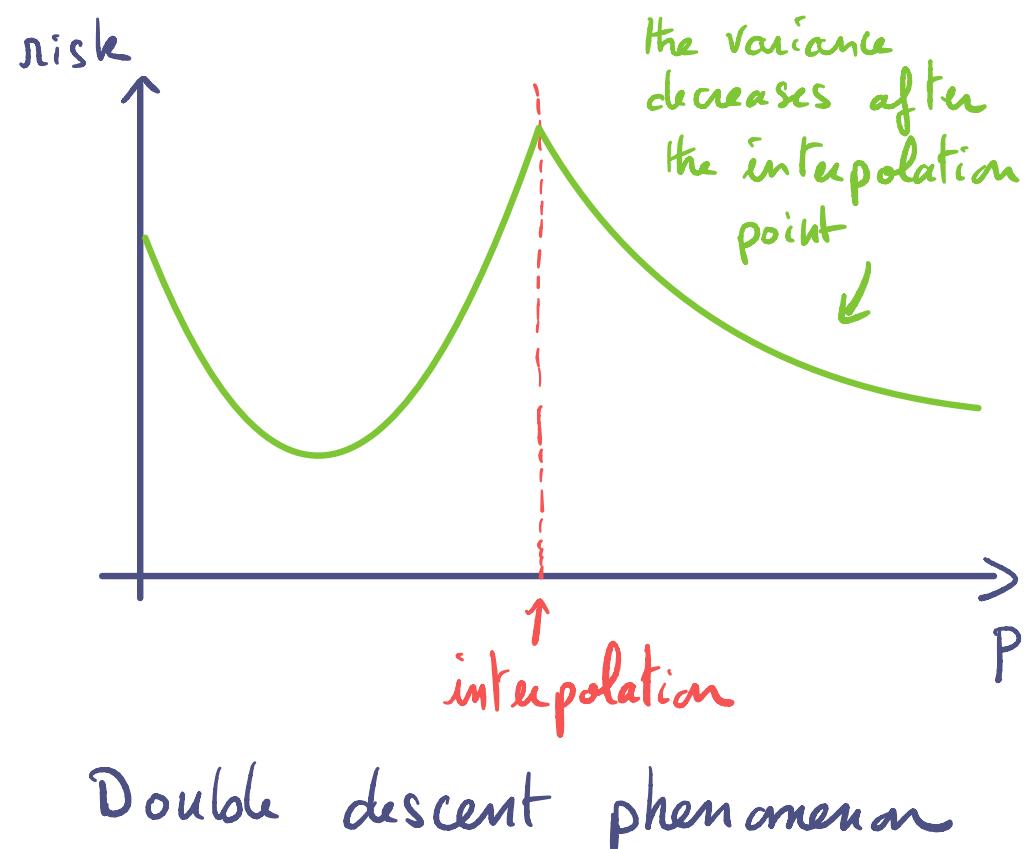
## Double descent phenomenon

Text book theory: risk = bias + variance

Let  $p$  = number of parameters in the model.



## Empirical observations (neural networks)



## Four parts

- ① Implicit regularisation (a.k.a. implicit bias) of gradient descent
- ② Benign interpolation:  
A) intuitions
- ③ Benign interpolation:  
B) mathematical analysis
- ④ Benign overparametrisation

# 1. Implicit regularization of Gradient Descent

## a) Implicit regularisation for L.S.

- Linear model:  $y_i = \langle x_i, \beta^* \rangle + \varepsilon_i$ ,  $i=1, \dots, n$   
with  $\varepsilon_i \stackrel{\text{iid}}{\sim} N(0, \sigma^2)$ .  $\in \mathbb{R}^P$

- Notation: in vectorial notation

$$\underbrace{\begin{bmatrix} y_1 \\ \vdots \\ y_n \end{bmatrix}}_{=: Y} = \underbrace{\begin{bmatrix} x_1^T \\ \vdots \\ x_n^T \end{bmatrix}}_{=: X} \beta^* + \underbrace{\begin{bmatrix} \varepsilon_1 \\ \vdots \\ \varepsilon_n \end{bmatrix}}_{=: \varepsilon}$$

- Least-Square: MLE estimation

amounts to minimise the squares

$$\hat{\beta}^{MLE} \in \arg \min_{\beta \in \mathbb{R}^P} \|Y - X\beta\|^2 \quad (\text{LS})$$

- High-dimensional regime:

Assume that  $x_i \in \mathbb{R}^P$  with  $p > n$ .

then,  $\dim(\ker(X)) = p - \text{rank}(X) \geq p - n > 0$

$\Rightarrow$  no unique solution to  $(\text{LS})$

- Interpolation regime:  $p \geq n$

when in addition  $\text{rank}(X) = n$ , then  
any solution  $\hat{\beta}$  of  $(\text{LS})$  fulfills

$$Y = X\hat{\beta} \text{ i.e. } y_i = x_i^T \hat{\beta} \text{ for } i=1, \dots, n.$$

$\Rightarrow \hat{\beta}$  interpolates the learning data

$$(x_i, y_i)_{i=1, \dots, n}.$$

$\Rightarrow$  overfitting?!?

- 
- Classical practice: add a regularisation term in  $(\text{LS})$  like  $\lambda \|\beta\|^2$  in order to get a strictly convex objective function

- Recent practice in N.N.: apply GD on  $(\text{LS})$  and use the solution selected by GD. What is this solution?

G.D. on least-squares:

We apply G.D. on  $\beta \rightarrow \|Y - X\beta\|^2$ ,  
started from  $\hat{\beta}^0 = 0$ :

$$\hat{\beta}^{t+1} \stackrel{GO}{=} \hat{\beta}^t - 2\gamma X^T(X\hat{\beta}^t - Y)$$

$$\hat{\beta}^0 = \sum_{k=0}^t (I - 2\gamma X^T X)^k \cdot 2\gamma X^T Y$$

$$\xrightarrow{t \rightarrow +\infty} 2\gamma < |X|_{op}^{-2} (I - (I - 2\gamma X^T X))^+ \cdot 2\gamma X^T Y$$

$$= X^+ Y$$

↑ Moore-Penrose pseudo inverse  
(Appendix C)

$$\text{So } \hat{\beta}^{LS} = X^+ Y.$$

Is there something special with this solution?

Lemma: In the interpolation regime,  
where  $\text{rank}(X) = n$ , we have

$$\hat{\beta}^{LS} = \underset{Y=X\beta}{\operatorname{argmin}} \| \beta \|^2 \quad \text{regularisation of G.D.}$$

Proof: . we first observe that

$$X X^+ Y = Y \quad \text{so } Y = X \hat{\beta}^{LS}$$

and any solution of  $Y = X\beta$  can be decomposed as  $\beta = \beta_0 + X^+ Y$ , with  $\beta_0 \in \ker(X)$

. Then, we notice that  $\text{range}(X^+) = \text{range}(X^T)$   
so we have

$$R^P = \ker(X) \cap \text{range}(X^T) = \ker(X) \cap \text{range}(X^+)$$

and in particular  $\|\beta\|^2 = \|\beta_0\|^2 + \|X^+ Y\|^2$ .

$$\text{So } X^+ Y = \underset{Y=X\beta}{\operatorname{argmin}} \| \beta \|^2$$

□

## b) Implicit regularization for logistic

- When the labels  $y_i \in \{-1, +1\}$ , we can predict  $y$  by  $\text{sign}(\langle \hat{\beta}, x \rangle)$ , where  $\hat{\beta}$  is learnt by applying GD on the empirical logistic risk

$$L(\beta) := \frac{1}{m} \sum_{i=1}^m l(-y_i \langle \beta, x_i \rangle)$$

$$\text{with } l(z) = \log(1 + e^{-z})$$

- Interpolation regime: when the learning data  $(x_i, y_i)_{i=1,\dots,m}$  can be separated by an hyperplane.

- GD in interpolation regime:

Assume that at step  $t$  of GD,  $\hat{\beta}^t$  perfectly classifies the training data

$$y_i \langle \hat{\beta}^t, x_i \rangle > 0, \quad \forall i=1,\dots,m.$$

. Since

$$L(\hat{\beta}^t) = \frac{1}{m} \sum_{i=1}^m l(-\|\hat{\beta}^t\| \cdot y_i \langle \frac{\hat{\beta}^t}{\|\hat{\beta}^t\|}, x_i \rangle)$$

with  $z \rightarrow l(-z)$  decreasing,

the loss  $L$  can be further decreased by sending  $\|\hat{\beta}^t\| \rightarrow +\infty$ .

. Since  $l(-z) \xrightarrow{z \rightarrow +\infty} e^{-z}$ , we get

$$L(\hat{\beta}^t) \underset{\rightarrow}{\sim} \frac{1}{m} \sum_{i=1}^m \exp(-\|\hat{\beta}^t\| y_i \langle \frac{\hat{\beta}^t}{\|\hat{\beta}^t\|}, x_i \rangle)$$

when  $\|\hat{\beta}^t\| \gg 1$

$$\hookrightarrow \approx \frac{N_{\min}}{m} \exp(-\|\hat{\beta}^t\| \cdot \min_{i=1,\dots,m} y_i \langle \frac{\hat{\beta}^t}{\|\hat{\beta}^t\|}, x_i \rangle)$$

which suggests that  $u^t = \hat{\beta}^t / \|\hat{\beta}^t\|$  tends to solve the max-margin problem

$$(PPI) \quad \max_{\|u\|=1} \min_{i=1,\dots,m} y_i \langle u, x_i \rangle,$$

margin

which eventually occurs (Soudry et al. 2017)

Theorem (informal)

The normalized solution  $\hat{\beta}^t / \|\hat{\beta}^t\|$  of  
GD on the empirical logistic risk  
converges to the max-margin classifier (IM)  
when the data is linearly separable.

Take home message:

when interpolation is possible, GD selects  
some specific interpolating solutions

→ minimal norm interpolating  
solutions in  $L^2$  regression

→ max-margin solution in logistic  
regression

→ implicit regularisation of GD.

These results can be generalized to more  
complex models like Neural Networks.

Example (Informal):

when training an homogeneous NN with  
GD and logistic loss:

if the normalized weights converge,  
then, at the limit, they solve the  
max-margin problem.

Next videos:

→ on the statistical benefit of  
this implicit regularisation for  
L.S.

2. Benign interpolation

with high-dimensional input.

A/ Intuitions

## Reminder:

- We consider the linear model:

$$y_i = \langle x_i, \beta^* \rangle + \varepsilon_i, \quad i=1, \dots, n$$

$\in \mathbb{R}^P$

with  $\varepsilon_i \stackrel{\text{iid}}{\sim} N(0, \Sigma)$ . We set  $x = \begin{bmatrix} x_1^T \\ \vdots \\ x_n^T \end{bmatrix}$ .

- We compute  $\hat{\beta}$  by minimizing the Least Square  $\beta \rightarrow \|Y - X\beta\|^2$  by GD:

$$\rightsquigarrow \hat{\beta} = X^+ Y.$$

- Prediction: for  $x \in \mathbb{R}^P$

$$\langle \hat{\beta}, x \rangle = \langle X^+ Y, x \rangle$$

$$Y = X\beta^* + \varepsilon \rightsquigarrow \langle \underbrace{X^+ X \beta^*}_{\text{projection on } \text{range}(X^T)}, x \rangle + \langle X^+ \varepsilon, x \rangle$$

$= P_{X^T} \quad (\text{projection on } \text{range}(X^T))$

$$= \underbrace{\langle \beta^*, x \rangle}_{\text{target}} - \underbrace{\langle (I - P_{X^T}) \beta^*, x \rangle}_{\text{bias}} + \underbrace{\langle \varepsilon, (X^T)^+ x \rangle}_{N(0, x^T (X^T)^+ x)}$$

cond. on  $X$

## Remarks: range( $X^T$ )

- if  $x \perp \text{range}(X^T)$ :  $\langle \hat{\beta}, x \rangle = 0$   
 $\rightarrow$  large bias, but no variance
- rank( $X$ ) =  $n \ll p$ :  
 $\|P_{X^T} x\| \ll \|x\| \quad \text{if } x \sim N(0, \Sigma)$   
w.h.p. with  $\Sigma \simeq I_p$ .

so only a small part of  $x$  is used  
for the prediction  $\langle \hat{\beta}, x \rangle = \langle \hat{\beta}, P_{X^T} x \rangle$

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Below we discuss two cases

- isotropic case:  $\Sigma = I_p$
- spike model  $\Sigma = I_k + \rho I_{p-k}$   
 $\rho \ll 1$

Average prediction error:

- We have  $\hat{\beta} = X^+Y = \underbrace{X^+X\beta^*}_{P_{X^T}} + X^+\varepsilon$  with  $X^+X =$  orthogonal projection on  $\text{range}(X^T)$

- Let us compute the average prediction error, conditionally on the design  $X$   
 $R_x = \mathbb{E} [\langle x, \hat{\beta} - \beta^* \rangle^2 | X]$  where  $x \sim N(0, \Sigma)$  and  $\varepsilon \sim N(0, \sigma^2 I_n)$ .

$$\hat{\beta} = P_{X^T}\beta^* + X^+\varepsilon \quad P_{\text{ker}(x)} \quad (\text{projection on } \text{ker}(x))$$

$$R_x = \mathbb{E}_{x, \varepsilon} [\langle x, \hat{\beta} - \beta^* \rangle^2] = \mathbb{E}_{x, \varepsilon} [\langle \underbrace{(I - P_{X^T})\beta^*}_{\text{bias term}}, x \rangle - \langle X^+\varepsilon, x \rangle]^2$$

$$= \mathbb{E}_x [\beta^{*T} P_{\text{ker}(x)} x x^T P_{\text{ker}(x)} \beta^*] + \sigma^2 \mathbb{E}_x [\underbrace{x^T x^+ (X^+)^T x}_{\text{cross-term}}] + 0$$

$$= \underbrace{\beta^{*T} P_{\text{ker}(x)} \sum P_{\text{ker}(x)} \beta^*}_{B_x} + \underbrace{\sigma^2 \langle \Sigma, (X^T X)^+ \rangle_F}_{V_x} = \langle x x^T, x^+ (X^+)^T \rangle_F$$

bias term

Variance term

a) isotropic input:  $\Sigma = I_p$

• Linear model:  $y_i = \langle x_i, \beta^* \rangle + \varepsilon_i$ ,  $i=1,\dots,m$

with  $x_i \stackrel{\text{iid}}{\sim} N(0, \Sigma)$  and  $\varepsilon_i \stackrel{\text{iid}}{\sim} N(0, \sigma^2)$

• singular values of random matrices: with  $p > m$

$$\begin{aligned} \text{Let } X &= \begin{bmatrix} x_1^T \\ \vdots \\ x_m^T \end{bmatrix} \in \mathbb{R}^{m \times p} \\ &= \sum_{k=1}^m \hat{\sigma}_k \hat{u}_k \hat{v}_k^T \end{aligned}$$

we have:

$$\mathbb{E}[\|X\|_F^2] = \left\{ \begin{array}{l} \sum_{i,j} \mathbb{E}[x_{ij}^2] = mp \\ \sum_{k=1}^m \mathbb{E}[\hat{\sigma}_k^2] \leq m \mathbb{E}[\hat{\sigma}_1^2] \end{array} \right.$$

$$\Rightarrow \mathbb{E}[\hat{\sigma}_1^2] \geq p.$$

This suggests that  $\hat{\sigma}_k$  scales like  $\sqrt{p}$  when  $p \gg m$ .

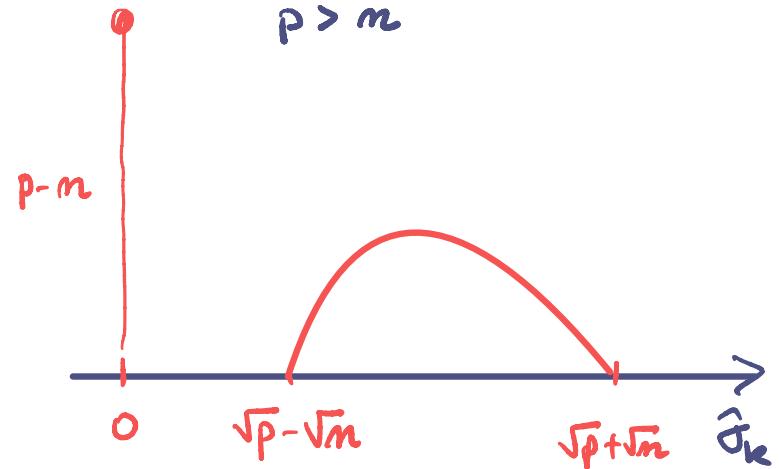
If eventually occurs:

### Lemma 8.3 (Davidson & Szarek)

For  $p > n$ , we have for  $k = 1, \dots, m$

$$\sqrt{p} - \sqrt{n} \leq \mathbb{E}[\hat{\sigma}_k] \leq \sqrt{p} + \sqrt{n}$$

Histogram of the  $\hat{\sigma}_k$  for  
 $p > n$



Furthermore, since  $x \mapsto \sigma_k(x)$  is 1-Lipschitz, by Gaussian concentration inequality, with high-probability

$$\hat{\sigma}_k \sim \sqrt{p} \quad \text{for } p \gg n$$

$\forall k = 1, \dots, m$

$$\Rightarrow X^T X \stackrel{p \gg n}{\simeq} P \cdot P_{X^T}$$

and  $(X^T X)^+ \simeq \frac{1}{P} P_{X^T}$

[See Proposition 12.9 in the Lecture Notes]

Average prediction error :

$$\cdot R_x = \hat{\beta}^T P_{\text{ker}(x)} \sum P_{\text{ker}(x)} \hat{\beta}^* + \sigma^2 \left\langle \sum, (x^T x)^+ \right\rangle_F$$
$$\stackrel{\Sigma = I_p}{=} \underbrace{\| P_{\text{ker}(x)} \hat{\beta}^* \|^2}_{= B_x} + \underbrace{\sigma^2 \text{Tr}((x^T x)^+)}_{= V_x}$$

Variance :

$$\cdot V_x = \sigma^2 \text{Tr}(x^T x)^+ = \sigma^2 \sum_{k=1}^m \frac{1}{\hat{\beta}_k^2}$$
$$\begin{aligned} \hat{\beta}_n^2 &\approx p \\ \text{w.h. } P_x &\approx \boxed{\sigma^2 \frac{m}{p}} \end{aligned} \quad \rightarrow 0 \quad \text{when } p \gg m \quad !!!$$

→ In the interpolation regime ( $p \geq m$ ), high-dimensional inputs kill the variance of G.D.-Least square

[See next video for the proof of this result]

Discussion: we observe that for a given  $x \in \mathbb{R}^P$ , with  $\|x\|^2 = p$ :

$$\rightarrow \text{Var}_{\varepsilon} \langle \hat{\beta}, x \rangle = \sigma^2 x^T (X^T X)^+ x = \sigma^2 x^T \left( \sum_{k=1}^m \frac{1}{\hat{\beta}_k^2} \hat{v}_k \hat{v}_k^T \right) x = \frac{\sigma^2}{p} \underbrace{x^T P_{X^T} x}_{= \|P_{X^T} x\|^2}$$

$$\rightarrow \text{if } x \in \text{range}(X^T): \quad \text{Var}_{\varepsilon} \langle \hat{\beta}, x \rangle \stackrel{p \gg m}{=} \sigma^2 \frac{\|x\|^2}{p} \stackrel{\downarrow}{\approx} \sigma^2 \quad \begin{matrix} \text{for } \|x\|^2 = p \\ \text{strong overfit} \\ \text{on } \text{range}(X^T) \end{matrix}$$

$\rightarrow$  but  $\|P_{X^T} x\|^2 \ll \|x\|^2$  w.h.  $P_{X^T}$ : due to the high-dimension of the input space, w.h.  $P_{X^T}$ , a new  $x$  is almost not correlated with the learning points  $x_1, \dots, x_m$  (columns of  $X^T$ ), so

$$\text{Var}_{\varepsilon} \langle \hat{\beta}, x \rangle \stackrel{\sim}{=} \sigma^2 \frac{\|P_{X^T} x\|^2}{p} \quad \text{small}$$

$\rightarrow$  in words: we overfit on a small space  $= \text{Span}\{x_1, \dots, x_m\}$  spanned by the learning inputs, but we underfit everywhere else  
 $\Rightarrow$  large bias and small variance for  $p \gg m$ !

## Bias:

$$\mathbb{R}^P = \ker(x) \oplus \text{range}(x^\top)$$

$$\cdot B_x = \| P_{\ker(x)} \tilde{\beta} \|^2 \stackrel{\downarrow}{=} \| \tilde{\beta} \|^2 - \| P_{x^\top} \tilde{\beta} \|^2 \underset{\text{w.h. } \mathbb{P}_x}{\approx} \| \tilde{\beta} \|^2 \left(1 - \frac{m}{p}\right)$$

the larger  $p$ ,  
the larger the  
bias  $B_x$  !!

$$\text{Range}(x^\top) \xrightarrow{\text{unif.}} \dim(m) \subset \mathbb{R}^P$$

$$\text{so } \| P_{x^\top} \tilde{\beta} \|^2 \approx \frac{m}{p} \| \tilde{\beta} \|^2$$

## Prediction risk:

$$\cdot R_x = B_x + V_x \underset{p > m}{\approx} \| \tilde{\beta} \|^2 + \underbrace{\frac{m}{p} (\sigma^2 - \| \tilde{\beta} \|^2)}$$

↑

Small since  $m \ll p$

large

(mainly induced by the bias)

## b) Anisotropic input (intuitions)

Prototypical example:  $\Sigma = I_k + \underbrace{\rho}_{\ll 1} I_{>k} = \begin{bmatrix} I_k & 0 \\ 0 & \rho I_{m-k} \end{bmatrix}$  with  $k \ll m \ll p$ ,  $\rho \ll 1$

Then  $\frac{1}{m} X^T X = \frac{1}{m} \sum_{i=1}^m x_i x_i^T \stackrel{k \ll m}{\approx} I_k + \text{"something of rank } m-k\text{"}$

$\xrightarrow{\text{low dimensional}} \Rightarrow \text{good estimation}$   $\text{Trace}(\Sigma) = k + \rho(m-k)$

$$\approx I_k + \rho \frac{p-k}{m-k} \hat{I}_{m-k} \xrightarrow{\approx \text{projection of rank } m-k}$$

• So  $X^T X \stackrel{k \ll m \ll p}{\approx} n I_k + \rho \hat{I}_{m-k}$  and  $(X^T X)^+ \stackrel{k \ll m \ll p}{\approx} \frac{1}{n} I_k + \frac{1}{\rho} \hat{I}_{m-k}$  - Hence:

$$V_X = \sigma^2 \langle (X^T X)^+, \Sigma \rangle_F \approx \frac{\sigma^2}{n} \underbrace{\|I_k\|_F^2}_{=k} + \frac{\sigma^2}{\rho} \underbrace{\langle I_{>k}, \hat{I}_{m-k} \rangle_F}_{= \text{Tr}(\hat{I}_{m-k}) = m-k \approx n}$$

$\approx \sigma^2 \left( \frac{k}{n} + \frac{m}{\rho} \right)$   
 small due  
 to low rank  $k$

small due  
 to high-dimensional input

Next video:

→ we consider a general  $\Sigma$

→ we prove (sharp) upper-bound on  $V_X$

(recovering today's "results")

Benign interpolation  
with high-dimensional input.

B/ Mathematical analysis

Reminder:

- . Learning data:  $(x_i, y_i)_{i=1 \dots n}$ , with  $x_i \sim N(0, \Sigma)$  and  $y_i = \langle x_i, \beta^* \rangle + \varepsilon_i$   
 $\varepsilon_i \sim N(0, \sigma^2)$

- . GD - least square:  $\hat{\beta} = X^+ Y$

- . Average prediction risk:

$$R_X := \mathbb{E} [\langle \hat{\beta} - \beta^*, x \rangle^2 | X]$$

$$= \underbrace{\beta^T P_{\text{ker}(X)} \sum P_{\text{ker}(X)} \beta^*}_{B_X} + \underbrace{\sigma^2 \left\langle \sum, (X^T X)^+ \right\rangle_F}_{V_X}$$

bias term

Variance term

→ To understand  $V_X$ , we need to understand  $(X^T X)^+$ .

a) spectrum of  $XX^T$ :  $p > n$

- $\text{Spec}^*(XX^T) = \text{Spec}^*(X^TX)$
  - $\text{rank}(XX^T) = n$  for  $p > n$   
 $\underbrace{\quad}_{m \times m}$
- easier to analyse  $XX^T$

Setting: we assume (with no loss of generality) that  $\Sigma = (\begin{smallmatrix} \lambda_1 & 0 \\ 0 & \lambda_p \end{smallmatrix})$  with  $\lambda_1 \geq \lambda_2 \geq \dots \geq \lambda_p > 0$ .

We define:

$$\rightarrow k^* = \min \{k : \lambda_{k+1} \leq \frac{p}{n} \sum_{j>k} \lambda_j\}$$

with  $\rho = \frac{1}{142}$

$$\rightarrow X = \begin{bmatrix} X_L & X_R \end{bmatrix} \quad \text{and} \quad \Sigma = \begin{pmatrix} \Sigma_L & 0 \\ 0 & \Sigma_R \end{pmatrix}$$

$\underbrace{\quad}_{k^*} \quad \underbrace{\quad}_{p-k^*}$

So that  $XX^T = X_L X_L^T + X_R X_R^T$

Lemma ( $\text{Spec}$ )

① if  $k^* \leq \frac{n}{600}$ , then with proba  $\geq 1 - 2e^{-n/84}$

$$\left| \sum_L^{-1/2} (X_L^T X_L) \sum_L^{-1/2} - n I_{k^*} \right|_{op} \leq \frac{3m}{4}$$

② with proba  $\geq 1 - 2e^{-n/84}$

$$|\text{Spec}^*(X_R X_R^T) - \sum_{j>k^*} \lambda_j| \leq \frac{3}{4} \sum_{j>k^*} \lambda_j$$

Comments: the above lemma shows that:

→ the low dim. part  $\frac{1}{n} X_L^T X_L$  remains "close" to  $\Sigma_L$

→ the low signal part  $X_R X_R^T$  has a flat spectrum around  $\sum_{j>k^*} \lambda_j$

To prove this lemma, we need a concentration bound on quadratic form of Gaussian vectors.

Theorem B.8. (Hanson-Wright)

Let  $\varepsilon \sim N(0, I_d)$  and  $\alpha \in \mathbb{R}^d$ .

There exists  $z \sim \text{Exp}(1)$  such that

$$\begin{aligned} \sum_j \alpha_j \varepsilon_j^2 - \alpha^T 1 &\leq \sqrt{8\|\alpha\|^2 z} \vee (8\|\alpha\|_\infty z) \\ &\leq \frac{\|\alpha\|_1}{4} + 8\|\alpha\|_\infty z \end{aligned}$$

Proof of H.W. (by Chernov method).

Since  $-\log(1-x) \leq x+x^2$  for  $|x| \leq 1/2$ ,

we have for any  $|\lambda| \leq 1/4$

$$\mathbb{E}[\exp(\lambda(\varepsilon_j^2 - 1))] = \frac{e^{-\lambda}}{(1-2\lambda)^{1/2}} \stackrel{(*)}{\leq} e^{2\lambda^2}.$$

So for any  $|s| \leq 1/4\|\alpha\|_\infty$ , we have

$$\begin{aligned} \mathbb{P}\left[\sum_j \alpha_j (\varepsilon_j^2 - 1) > t\right] &\leq e^{-st} \prod_j \mathbb{E}[e^{s\alpha_j(\varepsilon_j^2 - 1)}] \\ &\stackrel{(*)}{\leq} \exp(-st + 2\|\alpha\|^2 s^2) \end{aligned}$$

Setting  $s = \frac{t}{4\|\alpha\|^2} \wedge \frac{1}{4\|\alpha\|_\infty}$  we get

$$\begin{aligned} \mathbb{P}\left[\sum_j \alpha_j (\varepsilon_j^2 - 1) > t\right] &\leq \exp\left(-\frac{1}{8}\left(\frac{t^2}{\|\alpha\|^2} \wedge \frac{t}{\|\alpha\|_\infty}\right)\right) \\ \text{i.e. } \sum_j \alpha_j \varepsilon_j^2 - \alpha^T 1 &\leq \sqrt{8\|\alpha\|^2 z} \vee (8\|\alpha\|_\infty z). \end{aligned}$$

Furthermore

$$\sqrt{8\|\alpha\|^2 z} \leq 2\sqrt{\frac{\|\alpha\|_1}{4} \cdot \|\alpha\|_\infty z} \stackrel{(*)}{\leq} \frac{\|\alpha\|_1}{4} + 8\|\alpha\|_\infty z$$

□

To control the operator norm

$$\|A\|_{op} = \max \|Au\|$$

$$\begin{aligned} \text{for } A \text{ symmetric} &\Rightarrow \|u\|=1 \\ &\Rightarrow \max |\langle Au, u \rangle| \end{aligned}$$

We use the following discretization lemma

Lemma 12.11-12: For any  $\delta > 0$ , there exists

$N_\delta \subset \{u \in \mathbb{R}^d : \|u\|=1\}$  with cardinality

$$|N_\delta| \leq \left(1 + \frac{2}{\delta}\right)^d$$

such that, for any  $A \in \mathbb{R}^{d \times d}$  symmetric

$$\|A\|_{op} \leq \frac{1}{1-2\delta} \max_{u \in N_\delta} |\langle Au, u \rangle|$$

Proof: i) construction of  $N_\delta$ : Let us set

$S_{d-1} = \{u \in \mathbb{R}^d : \|u\|=1\}$ , and pick iteratively

$u_1 \in S_{d-1}; u_2 \in S_{d-1} \setminus B(u_1, \delta); \dots$

$u_k \in S_{d-1} \setminus \bigcup_{j \leq k-1} B(u_j, \delta)$ ; until impossible.

By construction, we have

(a)  $\|u\|=1$  and  $\|u-u'\| > \delta \quad \forall u \neq u' \in N_\delta$

(b)  $\forall v \in S_{d-1}, \exists u \in N_\delta$  s.t.  $\|u-v\| \leq \delta$

From (a), we get that:

$$\bigcup_{u \in N_\delta} B(u, \delta/2) \subset B(0, 1+\delta/2)$$

so comparing the volumes

$$|N_\delta| \cdot \left(\frac{\delta}{2}\right)^d V_d(1) \leq \left(1 + \frac{\delta}{2}\right)^d V_d(1)$$

$$\Rightarrow |N_\delta| \leq \left(1 + \frac{2}{\delta}\right)^d$$

ii) approximation: from (b) we have

$$\|A\|_{op} = |\langle Au^*, u^* \rangle| \quad \text{with } u^* \in S_{d-1}$$

$$\begin{aligned} &= |\langle Au, u \rangle + \langle A(u^*-u), u \rangle + \langle Au^*, u^*-u \rangle| \\ &\xrightarrow{\substack{u \in N_\delta \\ \|u-u^*\| \leq \delta}} \leq |\langle Au, u \rangle| + \|A\|_{op} \delta + \|A\|_{op} \delta. \end{aligned} \quad \square$$

We are ready to prove Lemma (Spec)

Proof of Lemma (Spec):

① Let us set  $Z := X_{\leq} \sum_{\leq}^{-1/2} \in \mathbb{R}^{m \times k}$ .

we have

$$\cdot Z_{ij} \stackrel{iid}{\sim} N(0, 1)$$

$$\cdot Z^T Z = \sum_{\leq}^{-1/2} X_{\leq}^T X_{\leq} \sum_{\leq}^{-1/2}$$

$$\|\sum_{\leq}^{-1/2} X_{\leq}^T X_{\leq} - \sum_{\leq}^{-1/2} m I_{k^*}\|_{op} = \|Z^T Z - m I_{k^*}\|_{op}$$

$$\leq 2 \max_{u \in N_{1/4} \cap S_{k^*-1}} |\langle (Z^T Z - m I_{k^*}) u, u \rangle|$$

$$= 2 \max_{u \in N_{1/4}} \|Z u\|^2 - m$$

For any  $u \in S_{k^*-1}$  we have

$$[Z u]_j = \sum_k z_{jk} u_k \stackrel{iid}{\sim} N(0, 1)$$

so  $Z u \sim N(0, I_m)$  and by Hanson-Wright

$\exists \beta_u, \beta'_u \sim \text{Exp}(1)$  such that

$$\|Z^T Z - m I_{k^*}\|_{op} \leq 2 \max_{u \in N_{1/4}} \left( \frac{m}{4} + 8(\beta_u \vee \beta'_u) \right)$$

$\alpha_1 = \dots = \alpha_m = 1$

Furthermore,

$$\mathbb{P} \left[ 8 \max_{u \in N_{1/4}} (\beta_u \vee \beta'_u) \geq \frac{m}{8} \right] \stackrel{\text{union bound}}{\leq} 2 |N_{1/4}| \mathbb{P} \left[ \beta \geq \frac{m}{8.8} \right]$$

$\leq g^{k^*} e^{-m/64}$

for  $k^* \leq \frac{m}{600} \rightarrow \leq 2 \exp(-\frac{m}{84})$

which proves ①

② We set now  $Z := X_{>} \Sigma_{>}^{-1/2} \in \mathbb{R}^{m \times (p-k^*)}$

With the same reasoning as before, we have

$$\|X_{>} X_{>}^T - \text{Tr}(\Sigma_{>}) I_m\|_{op} = \|Z \Sigma_{>} Z^T - \text{Tr}(\Sigma_{>}) I_m\|_{op}$$

$$\leq 2 \max_{u \in N_{1/4}} \left( \frac{\text{Tr}(\Sigma_{>})}{4} + 8 \alpha_{k^*+1} (\beta_u \vee \beta'_u) \right)$$

$\subset S_{m-1}$

Furthermore,

$$\mathbb{P} \left[ 8 \alpha_{k^*+1} \max_{u \in N_{1/4}} \beta_u \vee \beta'_u \geq \frac{\text{Tr}(\Sigma_{>})}{8} \right]$$

def. of  $k^*$

$$\leq \mathbb{P} \left[ \max_{u \in N_{1/4}} \beta_u \vee \beta'_u \geq \frac{m}{64p} \right]$$

$$\stackrel{\text{union bound}}{\leq} 2 \cdot 9^m \cdot \exp(-\frac{m}{64p}) \stackrel{\uparrow}{\leq} 2 \exp(-\frac{m}{84})$$

$\frac{1}{p} = 142$

This proves ②.

---

□

Remark: we have proved that

$$X^T X \asymp m \sum_{\leq} + \hat{\alpha}^* \hat{I}_{m-k}$$

where  $\hat{\alpha}^* = \sum_{j \leq k^*} \alpha_j$

random projector

## b) Bounding the variance $V_x$ :

We are ready to prove the main result.

Theorem (Bartlett et. al. 2019)

$$\cdot k^* = \min \left\{ k : n \lambda_{k+1} \leq \rho \sum_{j>k} \lambda_j \right\}$$

with  $\rho = \frac{1}{142}$

• If  $k^* \leq m/600$ , then

$$V_x \leq 24 \sigma^2 \left( \frac{k^*}{m} + \frac{n \sum_{j>k^*} \lambda_j^2}{(\sum_{j>k^*} \lambda_j)^2} \right)$$

low. rank  $\sum_{j>k^*} \lambda_j$  H.D. regularization

with  $P_x \geq 1 - 5 \exp(-m/84)$ .

Proof:

$$We have  $V_x = \sigma^2 \langle (x^T x)^+, \Sigma \rangle$$$

Next lemma disentangles the low rank part and the H.D. part.

Lemma:

$$\langle (x^T x)^+, \Sigma \rangle \leq \langle (x_\leq^T x_\leq)^+, \Sigma_\leq \rangle + \langle (x_>^T x_>)^+, \Sigma_> \rangle$$

Proof: We have  $(x^T x)^+ = x^T (x x^T)^{2+} x$

$$\text{and } x x^T = x_\leq x_\leq^T + x_> x_>^T \quad \text{so}$$

$$\langle (x^T x)^+, \Sigma \rangle = \langle (x_\leq x_\leq^T + x_> x_>^T)^{2+}, x \Sigma x^T \rangle$$

$$= x_\leq \Sigma_\leq x_\leq^T + x_> \Sigma_> x_>^T$$

we have:

$$x x^T \succcurlyeq x_\leq x_\leq^T \quad \text{and } x_> x_>^T \quad \text{so}$$

$$\begin{cases} (x_\leq x_\leq^T)^{2+} \succcurlyeq (x x^T)^{2+} \text{ on range}(x_\leq) \\ (x_> x_>^T)^{2+} \succcurlyeq (x x^T)^{2+} \text{ on range}(x_>) \end{cases}$$

Hence

$$\langle (x^T x)^+, \Sigma \rangle \leq \langle (x_\leq x_\leq^T)^{2+}, x_\leq \Sigma_\leq x_\leq^T \rangle + \langle (x_> x_>^T)^{2+}, x_> \Sigma_> x_>^T \rangle$$

$$= \langle (x_\leq^T x_\leq)^+, \Sigma_\leq \rangle + \langle (x_>^T x_>)^+, \Sigma_> \rangle$$

□

Low rank term: We have full rank

$$\langle \underbrace{(x_{\leq}^T x_{\leq})^+}_{\text{full rank}}, \Sigma_{\leq} \rangle_F = \langle (\Sigma_{\leq}^{-1/2} x_{\leq}^T x_{\leq} \Sigma_{\leq}^{-1/2})^{-1}, I_n \rangle_F$$

From Lemma (Spec) ① we have

$$\text{Spec}(\Sigma_{\leq}^{-1/2} x_{\leq}^T x_{\leq} \Sigma_{\leq}^{-1/2}) \geq \frac{m}{4}$$

with proba  $\geq 1 - 2 \exp(-m/84)$

On this event  $\text{Spec}((\Sigma_{\leq}^{-1/2} x_{\leq}^T x_{\leq} \Sigma_{\leq}^{-1/2})^{-1}) \leq \frac{4}{m}$

so  $\langle (x_{\leq}^T x_{\leq})^+, \Sigma_{\leq} \rangle_F \leq k^* \cdot \frac{4}{m}$

with proba  $\geq 1 - 2 \exp(-\frac{m}{84})$ .

H. D. Term: Again from Lemma (Spec) ② with proba  $\geq 1 - 2 \exp(-\frac{m}{84})$ , we have

$$\text{Sp}(x_{>} x_{>}^T) \subset [\frac{1}{n} \text{Tr}(\Sigma_{>}), 2 \text{Tr}(\Sigma_{>})].$$

Hence, on this event:

$$\begin{aligned} \langle (x_{>}^T x_{>})^+, \Sigma_{>} \rangle_F &= \langle (x_{>} x_{>}^T)^{++}, x_{>} \Sigma_{>} x_{>}^T \rangle_F \\ &\leq \left( \frac{4}{\text{Tr}(\Sigma_{>})} \right)^2 \langle I_m, x_{>} \Sigma_{>} x_{>}^T \rangle_F \end{aligned}$$

It remains to evaluate the trace

$$\begin{aligned} \langle I_m, x_{>} \Sigma_{>} x_{>}^T \rangle_F &= \langle I_m, Z \Sigma^2 Z^T \rangle_F \\ &= \sum_{i=1}^m (Z \Sigma^2 Z^T)_{ii} = \sum_{i=1}^m \sum_{j=1}^{k^*} \Sigma_{ij}^2 \lambda_{k^*+j}^2 \end{aligned}$$

H.W.

$$\leq \left( 1 + \frac{1}{4} \right) m \sum_{j>k^*} \lambda_j^2 + 8 \lambda_{k^*+1}^2 \}$$

so with probability  $\geq 1 - e^{-m/32}$ , we have

$$\begin{aligned} \langle I_m, x_{>} \Sigma_{>} x_{>}^T \rangle_F &\leq \frac{5m}{4} \sum_{j>k^*} \lambda_j^2 + \frac{m}{4} \lambda_{k^*+1}^2 \\ &\leq \sum_{j>k^*} \lambda_j^2 \\ &\leq \frac{6}{4} m \sum_{j>k^*} \lambda_j^2 \end{aligned}$$

Hence, with proba  $\geq 1 - 3 \exp(-\frac{m}{84})$ , we have

$$\langle (x_{>}^T x_{>})^+, \Sigma_{>} \rangle_F \leq 24 m \frac{\sum_{j>k^*} \lambda_j^2}{(\sum_{j>k^*} \lambda_j^2)^2}$$

□

## Remarks:

→ a matching lower bound shows that

$$V_X \asymp \sigma^2 \left( \frac{k^*}{m} + \frac{m \sum_{j>k^*} \lambda_j^2}{\left( \sum_{j>k^*} \lambda_j \right)^2} \right)$$

with  $k^* = \min \{ k : m \lambda_{k+1} \leq p \sum_{j>k} \lambda_j \}$ , where  $p = 1/42$

→ for  $\Sigma = I_p$  and  $p \gg m$ , we have  $k^* = 0$  and

$$V_X \asymp \sigma^2 \cdot \frac{m p}{p^2} = \sigma \frac{m}{p} \quad \rightsquigarrow \text{We recover our guess}$$

→ for  $\Sigma = I_k + \alpha I_{\geq k}$  with  $\alpha \ll 1$  and  $k \ll m \ll p$ ,  
we have  $k^* = k$  and

$$V_X \asymp \sigma^2 \left( \frac{k}{m} + \frac{m \alpha^2 (p-k)}{\alpha^2 (p-k)^2} \right) \stackrel{k \ll p}{\asymp} \sigma^2 \left( \frac{k}{m} + \frac{n}{p} \right)$$

$\rightsquigarrow$  We recover our guess.

What about the bias  $B_x$ ?

It has been shown that

$$B_x \approx \|\beta_{\leq}^*\|_{\Sigma_{\leq}}^2 + \|\beta_{>}^*\|_{\Sigma_{>}}^2$$



small bias for the low  
dimensional part



high bias for  
the high-dimensional part.

• Remark:

The bias for the low dimensional part  $\approx$  bias of ridge regression for  $\beta_{\leq}^*$  with

$$\lambda := \frac{1}{m} \sum_{j>k^*} \alpha_j -$$

• Take home message: in the interpolation regime, for the GD least square estimator  $\hat{\beta}^{LS} = X^+ Y$

→ the low dimensional part  $\beta_{\leq}^*$  can be well estimated.

→ the high-dimensional part  $\beta_{>}^*$  is almost estimated by 0

large bias  
small variance

### 3. Benign Overparametrisation

Recap: so far we have seen that

→ GD induces an implicit regularization in the interpolation regime.

→ For linear regression, the interpolating estimator selected by G.D. on the least-square problem, is not suffering from an overly high variance in very high dimension, thanks to the implicit regularization of GD. But it may suffer from a large bias.

→ What does it tell us on "overparametrisation" (having much more parameters than the sample size)

In linear regression  $y_i = \langle x_i, \beta \rangle + \varepsilon_i$   
 $\beta$  is both  $\rightarrow$  input dimension  $\overset{\text{ERP}}{\beta}$   $\rightarrow$  number of parameters

→ we must look at a more complex model to disentangle over-parametrisation from high input dimension.

Is over-parametrisation new in statistics?

Certainly not! Think to classical non-parametric regression

$$y_i = f^*(\pi_i) + \varepsilon_i, i=1, \dots, n$$

where  $f^*$  is some (say) Sobolev function.

what is new then? In non-parametric statistics, we use some explicit regularisation

For example, cubic splines are solution to the regularized Least-Square problem

$$f^{\text{spline}} \in \underset{\int (f'')^2 < +\infty}{\operatorname{argmin}} \left\{ \sum_{i=1}^m (y_i - f(x_i))^2 + \lambda \int (f'')^2 \right\}$$

regularization  
by mean  
curvature

by G.D.

We will illustrate this on a simple example.

---

What is new in Neural Network practice is that some people use very complex over-parametrized models without any explicit regularization.

• Why does it work?

Thanks to implicit regularization

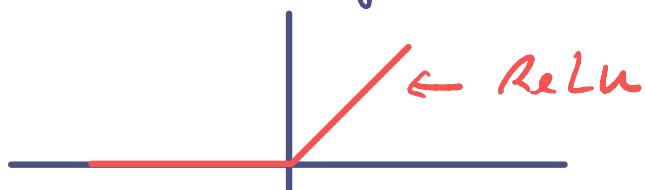
# Over-parametrized 1-hidden layer Neural Network

$f_{\beta, \omega} : \mathbb{R}^d \rightarrow \mathbb{R}$ , defined by

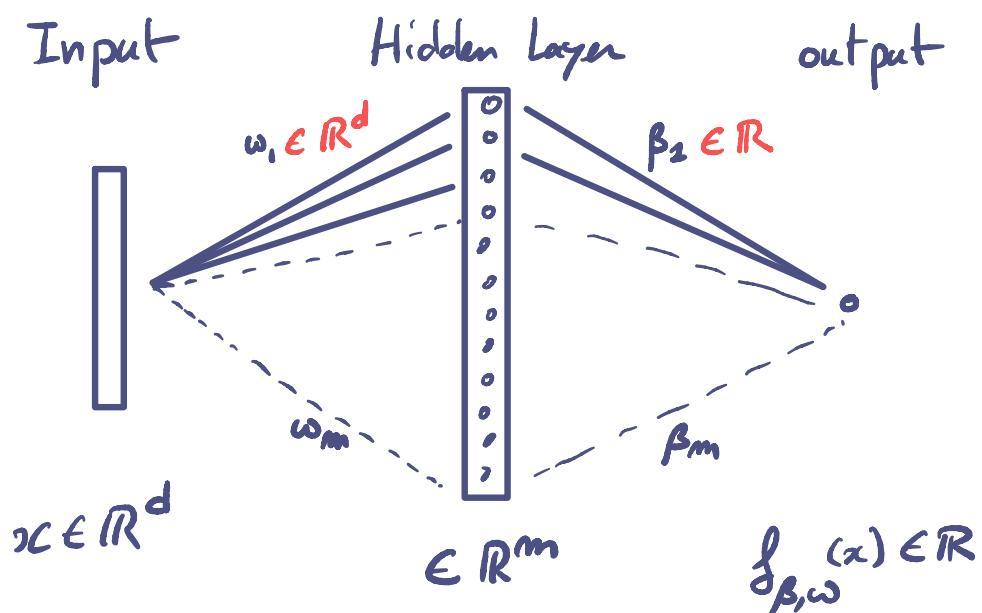
$$f_{\beta, \omega}(x) := \frac{1}{m} \sum_{j=1}^m \beta_j \varphi(\langle \omega_j, x \rangle)$$

with

- $\varphi$  = activation function e.g. ReLu



- $m$  = number of hidden neurons
- $\theta = (\beta_j, \omega_j)_{j=1..m} \in \mathbb{R}^{m(d+1)}$
- overparametrization:  $m \rightarrow \infty$   
(with fixed input dimension)



learning: let  $(x_i, y_i)_{i=1..n} \in (\mathbb{R}^d \times \{-1, 1\})^n$  and  $l$  be a convex loss function -  $(\hat{\beta}, \hat{\omega})$  are learnt from GD on the empirical loss

$$\mathcal{L}(\beta, \omega) = \frac{1}{n} \sum_{i=1}^n l(-y_i f_{\beta, \omega}(x_i))$$



Even if  $l$  is convex, the function  $\mathcal{L}$  is not convex

• over-parametrisation:  $m \rightarrow +\infty$   
 the limit  $m \rightarrow \infty$ , corresponds to the  
 parametrisation

$$f_\mu(x) := \int_{\beta, \omega} \beta \varphi(\langle \omega, x \rangle) d\mu(\beta, \omega) \stackrel{=}{\Theta}$$

with  $\mu \in \mathcal{P}(\mathbb{R}^{d+1})$

• Setting  $\phi(\theta, x) = \beta \varphi(\langle \omega, x \rangle)$

we have

$$f_\mu(x) = \langle \phi(\cdot, x), \mu \rangle \quad \text{linear!}$$

$$\text{where } \langle g, \mu \rangle := \int g(\theta) d\mu(\theta)$$

$$\circlearrowleft L(\mu) = \frac{1}{m} \sum_{i=1}^m l(-y_i f_\mu(x_i))$$

is convex!

→ here, overparametrisation helps for  
 the optimisation landscape  
 → is there a statistical price for it?

Example:  $\varphi = \text{ReLU}$ ,  $l = \text{logistic loss}$

• reparametrisation:

$$\begin{aligned} \phi(\lambda \theta, x) &= \lambda \beta \varphi(\langle \lambda \omega, x \rangle) \\ &= \lambda^2 \beta \varphi(\langle \omega, x \rangle) = \lambda^2 \phi(\theta, x) \end{aligned}$$

so with  $\theta = \lambda u$ ,  $\lambda > 0$  and  $u \in S_d$

$$\begin{aligned} f_\mu(x) &= \int_{\substack{\lambda > 0 \\ u \in S_d}} \phi(\lambda u, x) d\mu(\lambda u) \\ &= \int_{u \in S_d} \phi(u, x) \underbrace{\int_{\lambda > 0} \lambda^2 d\mu(\lambda u)}_{=: d\pi_{\mu}(u)} \\ &= \langle \phi(\cdot, x), \pi_\mu \rangle \in \mathcal{M}_+(S_d) \end{aligned}$$

Overfitting: We can represent any Lipschitz function  $f$  by a  $f_\mu$ . So if no point  $x_i$  has two different labels  $y_i$  in the learning data, then  $\exists \mu$  such that

$$y_i = \text{sign}(f_\mu(x_i)) \quad \stackrel{i=1\dots n}{\text{(perfect fit)}}$$

Max-Margin: assume that at some stage  $t$  of G.O.,  $f_{\hat{\mu}^t}$  perfectly fit the data i.e. for  $i=1\dots n$

$$y_i f_{\hat{\mu}^t}(x_i) = \langle y_i \phi(x_i, \cdot), \frac{\pi_{\hat{\mu}^t}}{\|\pi_{\hat{\mu}^t}\|} \rangle > 0. \quad \stackrel{=: \hat{\pi}^t}{\text{---}}$$

Then, since  $l(-z) = \log(1 + e^{-z})$  decreases we can always decrease  $L(\hat{\mu}^t)$  by simply increasing the mass of  $\hat{\pi}^t$

→ consequence  $| \hat{\pi}^t | \rightarrow +\infty$   
 → since  $l(-z) \approx -e^{-z}$  as  $z \rightarrow +\infty$

$$\begin{aligned} L(\hat{\mu}^t) &\approx \frac{1}{m} \sum_i \exp\left(-|\hat{\pi}^t| \langle y_i \phi(x_i, \cdot), \frac{\pi_{\hat{\mu}^t}}{\|\pi_{\hat{\mu}^t}\|} \rangle\right) \\ &\approx \frac{N_{\min}}{m} \exp\left(-\underbrace{|\hat{\pi}^t|}_{\rightarrow +\infty} \underbrace{\min_i \langle y_i \phi(x_i, \cdot), \frac{\pi_{\hat{\mu}^t}}{\|\pi_{\hat{\mu}^t}\|} \rangle}_{\text{margin of } f_{\hat{\mu}^t}/\|\pi_{\hat{\mu}^t}\|}\right) \end{aligned}$$

Guess: for  $t$  large

$$\frac{\hat{\pi}^t}{\|\hat{\pi}^t\|} \approx \hat{v} \in \underset{v \in \mathcal{P}(S_d)}{\operatorname{argmax}} \min_i y_i \langle \phi(x_i, \cdot), v \rangle$$

Theorem (informal)

Under some mild conditions, the above guess holds true

It is then possible to prove that the classifier  $\hat{h}(x) := \text{sign}(\hat{f}_V(x))$  has some nice statistical properties. For example, it is able to adapt to low-dimensional structures... (see Chizat and Bach 2020)

→ in this case  
implicit regularisation of G.D.  
+ overparametrisation



- 1) Nice optimisation landscape
- 2) Nice statistical behavior



### Take home messages:

- in the interpolation regime, G.D. has a regularizing effect by selecting some specific interpolating solutions
- when the input space is very large, overfitting only occurs on domains which are rarely sampled. So overfitting does not harm prediction risk
- over-parametrisation can be harmless, and even beneficial.



All these phenomena have to be better understood